

Emergency First Aid at Work (EFAW)

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Course Aim

The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to ensure their employees receive immediate attention if they are injured or taken ill at work.

HSE regulations allow smaller organisations/low-

risk working environments to have first aiders trained in “emergency protocols” only.

This course focuses on adult protocols only. Trainers can teach child/infant protocols if required, but the student will not be certified in this.

Course Contents

- Understand the role and responsibilities of the first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid for casualty who is unresponsive and breathing normally
- Be able to provide first aid for a casualty who is suffering a seizure
- Be able to provide first aid for a casualty who is unresponsive and not breathing normally
- Be able to place AED pads correctly
- Understand how to provide first aid to a casualty who is suffering from shock
- Be able to provide first aid to a casualty with external bleeding
- Be able to manage a casualty with a minor injury
- Be able to recognise a casualty who is choking
- Be able to manage a casualty with minor burns and scalds



1 Day (Blended Learning: 2 hours online, 6 hours face to face)



3 Year TQUK Level 3/6 Award in Emergency First Aid at Work (RQF) EFAW



TQUK



Maximum of 12 people



Your premises, our premises, or blended learning