Confined Space Entry: Medium Risk Refresher (CSC09R)

This course is about refreshing and reassessing the previously attained knowledge of working in confined space environments where there is a medium risk that a specified hazard may be present.

It will require the use of escape breathing apparatus.

It will involve the presence of one of more people, positioned outside of the confined space, who have designated responsibilities for controlling the entry and dealing with emergencies.

Course Contents

- Definition of a confined space (HSE, C&G, Water UK NC1-NC4 classifications)
- Specified risks
- Duties under the regulations, preventing the need for entry
- Risk assessment and hazard identification
- Atmospheric hazards and gases
- Principles and use of gas detectors
- Safe systems of work and permits to work
- Roles, responsibilities, and entry controller duties
- Pre-use checks of equipment including correct donning and adjustment of harnesses
- Inspection and applications of tripods, winches, and fall arrest equipment
- Inspection and use of personal escape breathing apparatus



Important: Candidates are only eligible for the refresher course for a maximum of 6 months after expiration of prior certification.

Learning Outcomes

- Prepare to work safely in medium risk confined spaces
- Enter and exit medium risk confined spaces safely
- Prepare and use escape breathing apparatus in accordance with manufacturer's instructions
- Use equipment and tools safely, and in accordance with manufacturer's instructions
- Follow procedures and work safely
- Deal with emergencies
- Use appropriate behaviour when working in medium risk confined spaces
- Understand legislation governing working in medium risk confined spaces
- Apply appropriate industry specific knowledge for working in medium risk confined spaces

Course Assessment

- Direct observation of an entry into a medium risk confined space
- Written test in line with the National Occupational Standards



One Day





Maximum of 8 people





Training Academy or on-site



Eurosafe Certificate Valid for 3 years City & Guilds L2 6160-09 available EUSR registration available