

Health & Safety Awareness (HSA)

This one-day Health and Safety awareness (HSA) course is designed to aid the understanding of potential hazards the construction worker may face on site. It provides a practical summary of health, safety, welfare and environmental issues.

It identifies the delegate's responsibilities for looking after themselves and others, outlines the employer's duties and explains what should be done if the worker thinks that anyone's health and safety is being put at risk.

The course is an ideal foundation for those wishing to obtain an industry site card. It is also an alternative route to the QCF Level 1 Award in Health and Safety in a Construction Environment for the CSCS Labourer Card. The course provides health and safety awareness and is endorsed by Build UK as standard training for all operatives on site.

The course aims to ensure the individual health and safety responsibilities of the worker are understood.

- Why are they carrying out their identified duties?
- What is expected of them while on site?
- How can they contribute to the safety of the workplace?

Module 1 – Legal and Management

- Legal and General Responsibilities
- Accident Reporting and Recording

Module 2 – Health and Welfare

- Health and Welfare
- First aid and Emergency Procedures
- Personal Protective Equipment
- Asbestos
- Respiratory Hazards
- Noise and Vibration
- Hazardous Substances
- Manual Handling

Module 3 – General Safety

- Safety Signs
- Fire Prevention and Control
- Electrical Safety, Work Equipment and Hand-Held Tools
- Mobile plant and Site Vehicles
- Lifting Operations and Equipment

Module 4 – High-Risk Activities

- Working at Height
- Excavations
- Confined spaces

Module 5 – Environment

- Environmental awareness
- Pollution
- Waste Materials
- Nuisance

Course Assessment

- 30 minute examination



One day



Maximum of 20 people



Training Academy



CITB Health & Safety Awareness Certificate - valid for 5 years

