

Site Management Safety Training Scheme Refresher (SMSTS-R)

This course is for delegates who have previously passed the full Site management safety training scheme (SMSTS) course or subsequent refresher course, and can provide proof of attendance.

It aims to bring health and safety knowledge up-to-date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course provides an opportunity to revisit the wide range of topics from the previous five-day course. The SMSTS course is endorsed by Build UK as the standard training for all construction managers. This refresher course is for delegates who have previously passed the five-day SMSTS or subsequent refresher course.

Delegates must hold a valid SMSTS certificate that is currently in date. Expired cards will not be eligible to sit the refresher and delegates must take the full SMSTS course. Evidence must be provided to the training provider of their eligibility.

The refresher course aims to help site managers to:

- Improve awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues
- Identify measures that will assist the practical implementation of responsibilities established by new legislation and working practices
- Implement new guidance and industry best practice
- Consolidate their understanding of responsibility and accountability for site health, safety, welfare and the environment.

Module 1 – Legal and Management

- Health and safety law
- The Health and Safety at Work etc. Act
- Construction (Design and Management) (CDM) Regulations
- Health and safety management systems
- Risk assessments and method statements
- Induction and training
- Effective Communication
- Leadership and worker engagement
- Inspection and audit
- Statutory forms, notices and registers
- Accident prevention, control, reporting and investigation

Module 2 – Health & Welfare

- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of substances hazardous to health
- Lead
- Asbestos
- Dust and fumes

- Noise
- Vibration
- Manual handling

Module 3 – General Safety

- Site organisation
- Fire prevention and control, and dangerous substances
- Electrical safety
- Temporary works
- Work equipment and hand-held tools
- Mobile work equipment
- Lifting operations and equipment
- Mobile workforce and driver

Module 4 – High Risk Activities

- Work at Height Regulations
- Working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces

Course Assessment

- Completion of 4 core exercises
- Trainer review
- 35 minute examination



Two days



Maximum of 20 people



Training Academy



CITB SMSTS Certificate
Valid for 5 years

