

Site Supervision Safety Training Scheme (SSSTS-R)

This one-day refresher course is for delegates who have previously passed the two-day Site supervision safety training scheme (SSSTS) course and can provide proof of successful attendance.

It aims to bring health and safety knowledge up-to-date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics which have been affected by changes to procedures and builds on the material in the original course.

The refresher course is for delegates who have previously passed the two-day SSSTS or subsequent refresher course. Delegates must hold a valid SSSTS certificate that is currently in date. Expired cards will not be eligible to sit the refresher and delegates must take the full SSSTS course.

Evidence must be provided to the training provider of their eligibility.

The course aims to help site supervisors to:

- Supervise health and safety on site in accordance with current legal provisions and within the context of their role
- Develop an understanding of responsibility and accountability for site health, safety and welfare of workers on site
- Recognise that a safe site is efficient, economical, productive and environmentally friendly.

Module 1:

- Health and safety law
- Construction (Design and Management) Regulations 2015 (CDM)
- Health and safety management systems
- Risk assessments and method statements
- Statutory inspections and checks
- Reporting accidents, injuries and ill health
- Leadership and worker engagement

Module 2:

- Health and welfare of the workforce
- First aid and emergency procedures
- Hazardous substances

- Asbestos
- Dust and fumes
- Noise and vibration
- Manual handling

Module 3:

- Site set up and security
- Fire prevention and control
- Electricity
- Plant and work equipment
- Lifting operations and lifting equipment

Module 4:

- Working at height
- Excavations
- Underground and overhead services
- Confined spaces
- Temporary works

Module 5:

- Environmental awareness
- Pollution
- Waste materials
- Nuisance

Course Assessment

- Completion of 4 core exercises
- Trainer Review
- 30 minute examination



One day



Maximum of 20 people



Training Academy



CITB SSSTS Certificate
Valid for 5 years

